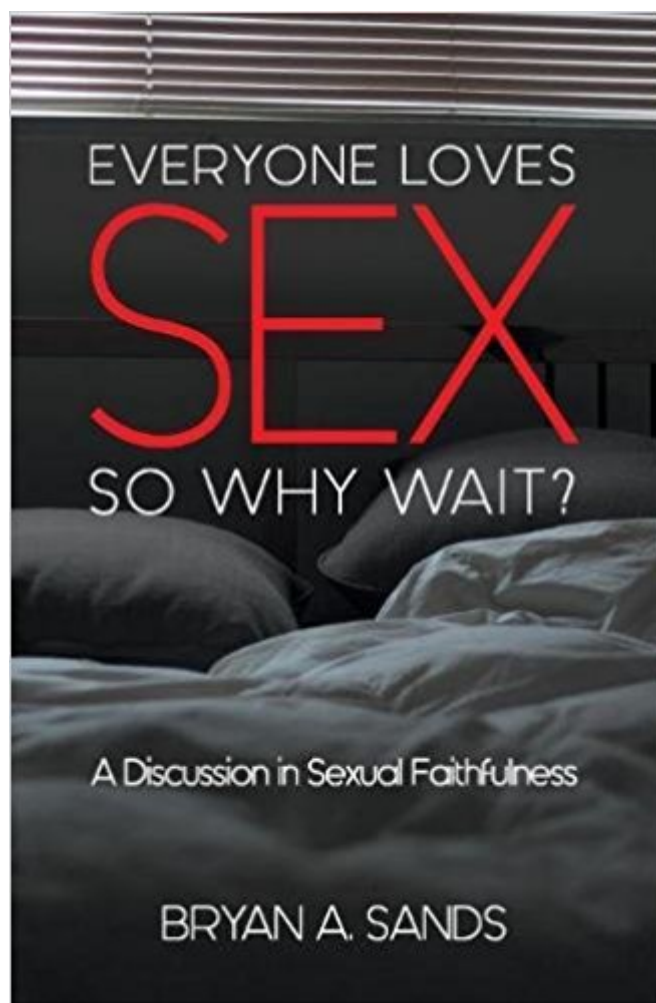


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# Everyone Loves Sex: So Why Wait?: A Discussion In Sexual Faithfulness



## Synopsis

More than 100 million acts of sex occur every day in our world. If we are going to engage this arising generation, we need to rethink how we frame the sexual faithfulness conversation. And that's exactly what this book does! Instead of the tired "Don't have sex until marriage because the Bible says so" rhetoric, *Everyone Loves Sex* uncovers what psychology and sociology reveal--and the results may surprise you! Sexual faithfulness is about committing to one's future spouse--in spite of what one's sexual life has looked like in the past. The future can be different! It is about making the change and honoring the one you love (or will love). Rather than casting judgment or condemnation, this book casts a vision for what your life could be, inspiring you to not only embrace positive change, but make a difference in the lives of others!

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## Customer Reviews

"God created us wired for sexual pleasure. Our sin complicates God's good gift to us. Bryan Sands reminds us of God's redemption and helps us understand our struggles and desires. I enthusiastically recommend his work, which is compellingly written as he addresses what may be the most crucial and controversial topic of today."

—Tremper Longman III, Robert H. Gundry Professor of Biblical Studies, Westmont College, and the author of *God Loves Sex*

"Everyone Loves Sex is a honest and human manifesto to redeem the goodness, mystery, and beauty of sex. Using Scripture, story, culture, and science, Bryan Sands courageously lays out a vision for what a new kind of sexual faithfulness could

look like. Steve Carter, Teaching Pastor, Willow Creek Community Church, author *Invitational Life: Risking Yourself to Align with God's Heartbeat for Humanity* "Bryan nailed it! Finally an honest, straightforward, and challenging discussion of sex from a godly perspective. Bryan presents the case for faithfulness in a compelling way that truly communicates and reaches the hearts of young people. As a parent of teens, I am so grateful to have this book as a resource. Thank you, Bryan! Tom Brooks, Music Producer (6 Platinum and 12 Gold Albums) and the author of *The Language of Music* "Living in a culture that prides itself on being so open about the once-forbidden subject of human sexuality, it is shocking how much misinformation is floating around often in the guise of authoritative fact. Small wonder that even people of faith are frequently confused in their thinking and damaged by their choices. With both clarity in direction and hope for recovery, Bryan Sands brings the light of God's perspective on sex while poignantly and wisely illustrating the reasons behind the principles. Here you will discover that God is not a cosmic killjoy out to limit our fun and restrict our enjoyment, but rather a giver of abundant life who desires his children to experience a great sex life. Jim Reeve, Lead Pastor, Faith Community Church, author of *Regenerate: Total Spiritual Transformation*, and television host of *Balance Living* "I would venture to say that a person's romantic and sexual choices have the potential to impact their long term health and happiness more than almost any other decision in life. And we happen to live in a time when sexual mores are changing like never before. It's a confusing and tumultuous time for the church as she attempts to discern what sexual faithfulness looks like, yet keep young people in the pews and remain relevant as the culture undergoes drastic changes. At a time when many young adults need more than a simple "Thus saith the Lord," Bryan's book presents the scientific rationale behind biblical standards and how beautiful sex can be in its safest and most glorious context. Melody George, Director of the Emmy award-winning documentary *End It Now*, and the screenwriter of the upcoming feature film *Your Love Is Strong*

Instead of the tired "Don't because the Bible says so" rhetoric, "Everyone Loves Sex" uncovers what psychology and sociology reveal and the results may surprise you! Sexual faithfulness is about committing to one's future spouse in spite of what one's sexual life has looked like in the past. The future can be different! It is about making the change and honoring the one you love (or will love). Rather than casting judgment or condemnation, this book casts a vision for what your life could be,

inspiring you to not only embrace positive change, but make a difference in the lives of others!

In *Everyone Loves Sex: So Why Wait?*, Bryan Sands explores psychological and sociological research and comes up with strong reasons in response to all of the questions implied by the book's title. The research is supported and illustrated by anecdotes compiled by Mr. Sands in his role as a university chaplain and readers might be surprised by the stories that students and others have shared with him. The primary points of the book are (1) that being sexually faithful to one's spouse is the best way to have a fulfilling relationship and the best sex possible and (2) that, for those of us who have been unfaithful or had other relationship issues, it is not too late to start. Mr. Sands avoids judgmental criticisms of unfulfilling sexual activity and successfully puts the concept of waiting in a positive context. Mr. Sands also emphasizes a secondary point: that human trafficking, particularly sex trafficking, is a serious problem about which people need to be more sensitive and should do more to stop. Abortion is not a major focus of the book, but Mr. Sands includes some powerful examples of women who had abortions that were bad experiences. The experiences cited showed women who conceived while they were in bad relationships, so these experiences were more an argument for deferring sex until marriage than strict pro-life arguments. It is also interesting that a book about sex from a Christian perspective in the 21st century has nothing to say about homosexuality, but this omission seems entirely appropriate. Any discussion of homosexuality would distract from the theme of the book. This book is very well-written, but it is possible that Mr. Sands is an even better speaker than he is a writer. Most readers will also enjoy his website, [EveryoneLovesSex.org](http://EveryoneLovesSex.org). Mr. Sands also shows how the concepts of "freedom" and "community" are such significant parts of living fulfilled lives and having meaningful relationships. Although the book uses current research extensively, it also uses relevant Biblical teachings to show that sex is a precious, but powerful, gift from God. When readers consider sex in this context, they may wonder why sex wasn't one of the three temptations of Christ described in the Gospels of Matthew and Luke. This book does not deal with that question, but perhaps the answer is that sex is more complicated than food, power and testing God.

Bryan has articulated well the idea of why sex should be experienced only in marriage as God intended. I wish I had been given this insight early in my youth to keep me from my many failings as I went through my 20's and 30's. It was well into my 40's that God finally got my attention and I

started living for Him. As Brian stated, God loves and cares about every human being, no matter what they have done or had done to them, and wants to redeem them back into the relationship that He created them for...with Him first and then with others, especially our spouse. Thanks for tackling a tough but needed subject. My prayer is that this book will reach as many as possible to give them hope and healing and marital joy.

This book is so good and relevant in today's culture. It's an easy read and has a fresh, grace-filled perspective on sexual faithfulness. As a church leader, it's a great resource to have on hand!

awesome book about a very relevant subject!

For as long as I can remember, I was taught that sex was bad. More specifically, I was taught sex before marriage was bad. It was a message I heard constantly. I don't remember the first time I heard this message, but I am sure it was before I knew about sex or was interested in it. It was probably these messages about sexual abstinence that made me so curious about sex in the first place. I grew up in a pretty typical Christian environment. Of course, when you are younger, things are a little more legalistic. When it came to sex, there was no conversation, it was simply, "Don't do it because God says so, trust me." Once I was in college, there finally was an opportunity to discuss sex in an open and safe forum. Let's face it, waiting until college to have a conversation about sex is ridiculous and this is one of the reasons why Everyone Loves Sex exists. Sex is a gift from God. He invented and He wants us to enjoy it. Having a proper understanding of sex is vital to make that happen. Like I said, I have heard a lot of pastors and other speakers talk about sexual purity and abstinence and their words always felt insufficient. What I loved most about Everyone Loves Sex is how meticulously researched the book is. Each chapter contains numerous notes and citations. Sands mentions psychological studies and longitudinal research to back up his words, something that I see rarely in Christian books. Sands brings a lot of stories to the table. Most of them are gut-wrenching. It is incredibly sad to see so many people abused and victimized by sex. There are a lot of sensitive stories, but they all point to a story of redeemed beauty. It is difficult to think and speak objectively about something that is incredibly personal and subjective about something that seemingly hijacks your brain, but I think Sands does a great job capturing what sex should look like in a healthy and beautiful relationship.

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